

TONBRIDGE & MALLING BOROUGH COUNCIL

COMMUNITIES ADVISORY BOARD

16 September 2015

Report of the Director of Planning, Housing and Environmental Health

Part 1- Public

Matters for Recommendation to Cabinet - Non-Key Decision (Decision may be taken by the Cabinet Member)

1 HEALTH IMPROVEMENT DELIVERY PLANS

Summary

This report describes the partnership work themes identified by the Council's Health Action Team and provides an update on both the recent Active People's survey and the West Kent Health and Wellbeing Board.

- 1.1.1 At the last meeting of this Board Members received an update on the work of the Health Improvement Team and the projects for which they receive funding from Kent County Council. In addition to those specific projects, officers across a number of services are working closely together with external partners to deliver a range of initiatives that support the health and wellbeing of residents in the widest sense. This includes significant roles for the Community Safety Partnership, Leisure, Licensing, Environmental Health and Housing Services. The coordination of this work comes through both our Health Action Team and the Health and Wellbeing Officer Study Group.
- 1.1.2 The recent focus of the Health and Wellbeing Officer Study Group has been our internal development of Health and Wellbeing to meet the criteria at "Committed" level of the Kent Healthy Business Award and reviewing progress against our Health Inequalities Action Plan. Details of progress will be reported to subsequent meetings of this Board.
- 1.1.3 I am delighted to advise Members that we were successful in our assessment for the Kent Healthy Business Award being the only Council in Kent to meet the standards required against all nine criteria at the Commitment Level. Further details of the Award can be found on <http://www.kent.gov.uk/business/grow-your-business/business-awards-and-events/kent-healthy-business-awards>
- 1.1.4 This is as an important step in reinforcing the importance of the health and wellbeing of our employees. It also demonstrates commitment, leadership and the benefit of striving for this award to other organisations and companies that we are working with.

1.2 The Health Action Team

- 1.2.1 Through the Health Action Team (HAT) it is intended that local partners, involved in the delivery of “health” in its widest context, have the opportunity to work together to develop an understanding of the role of partners engaged in health improvement and how those can be best coordinated. In providing such a focus, health improvement work across the Borough can be maximised to help achieve better local outcomes for local people.
- 1.2.2 The HAT meets quarterly and includes representation from officers from a number of the Council’s Services, including Leisure , Private Sector Housing, Executive Services and Environmental Health and partners including, TMLT, Kent County Council Public Health, Clinical Commissioning Group, West Kent MIND and Voluntary Action West Kent. Minutes of the March meeting are attached at **[Annex 1]**. Members will note that three priority themes have been identified that reflect our local health improvement needs:
- Reducing obesity and increasing physical activity;
 - Developing a Dementia Friendly Tonbridge; and
 - Preventing admissions to hospital due to falls in the home.
- 1.2.3 Officers from the Health Improvement Team, Leisure and Private Sector Housing are working with partners to develop action plans pertinent to each theme and these will be shared with Members in due course.
- 1.2.4 There has already been considerable progress made regarding developing a Dementia Friendly Tonbridge, led by colleagues from the West Kent Dementia Action Alliance. This has included a launch event in May at the Angel Centre, participation by Tonbridge Library and, coming soon, will be Dementia Awareness training for all front-line staff, including those on reception at Kings Hill and the Tonbridge Gateway.
- 1.2.5 Dementia Friendly West Malling continues to evolve through the work of the local Age Concern branch, with their dementia day care centre taking 25 people a day, 5 days a week from the wider area, including Borough Green, East Malling, Snodland and Waterringbury.

1.3 Active People’s Survey

- 1.3.1 In progressing the theme of reducing obesity and increasing physical activit, the local results of the Active People’s survey are encouraging and underline the work being done by Leisure Services and the Health Improvement Team, in conjunction with partners, to promote the benefits of physical activity and the contribution made to that through developing a range of initiatives, for example, Park Runs and Health Walks across the Borough. It is particularly good news that the

Snodland Park Run has now been established, along with a new Health Walk in Trench Ward.

1.3.2 The Active People's survey results are an important indicator of sports participation and look at a sample of adults (16+), within every local authority area, taking part in sport and active recreation at a moderate intensity, for at least 30 minutes, once a week over a 4 week period. The latest results cover the period March 2014 to March 2015.

1.3.3 Detailed below is a table showing the latest results of the survey and a comparison with other districts in Kent, together with a comparison with the first survey undertaken in 2005/06 and the previous one in 2013/14:

District	APS9 2014/15	APS8 2013/14	% change from APS8 to APS9	% change since APS1 2005/06
Tonbridge and Malling	43.5	40.5	+3.0	+9.1
Canterbury	41.3	42.8	-1.5	+6.8
Sevenoaks	40.2	40.9	-0.7	+3.2
Tunbridge Wells	39.2	35.3	+3.9	+1.4
Gravesham	35.1	39.0	-3.9	+3.6
Dover	34.6	35.2	-0.6	+4.2
Dartford	33.6	34.7	-1.1	+0.4
Maidstone	33.5	32.1	+1.4	-1.4
Ashford	30.8	35.1	-4.3	-1.5
Shepway	30.2	30.5	-0.3	-0.4
Swale	28.0	26.2	+1.8	-5.9
Thanet	25.0	21.5	+3.5	-5.2

1.3.4 Members will see that Tonbridge and Malling has the highest participation rate in the county for this survey and the highest increase since the survey began in 2005. In addition to being ranked top in Kent, Tonbridge and Malling is also placed 17th nationally, out of 326 local authority areas.

1.3.5 If Members wish to see more details on the surveys and results, a useful tool for analysing all the data is available through the Sport England website www.sportengland.org.

1.4 West Kent Health and Wellbeing Board

The West Kent Health and Wellbeing Board continues to meet bi-monthly, the minutes of these meetings are available via the Council's website <https://democracy.tmbc.gov.uk//ieListMeetings.aspx?CId=338&Year=0>

1.5 Legal Implications

1.5.1 None

1.6 Financial and Value for Money Considerations

1.6.1 Although we are working with a number of external partners on health delivery the work of the Health Improvement Team is reliant on funding from KCC Public Health Service. We know these budgets are under pressure and are expecting details of the impacts on this service at the end of September.

1.7 Risk Assessment

1.7.1 None

1.8 Equality Impact Assessment

1.8.1 The decisions recommended through this paper have a remote or low relevance to the substance of the Equality Act. There is no perceived impact on end users.

1.9 Recommendations

1.9.1 Members are requested to **ENDORSE** the work three work themes identified by the Health Action Team as its priorities and **NOTE** the results of the Active People's Survey.

The Director of Planning, Housing and Environmental Health confirms that the proposals contained in the recommendation(s), if approved, will fall within the Council's Budget and policy Framework.

Background papers:

Nil

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